



Alexandria Christian Academy



Monday, October 24,

Newsletter

Issue 3/2022



Celebrating 20 Years And Still Going Strong

From left to right: Mr. Mandla Mthembu (COO of Accelerated Education Enterprises), Mrs. Rae Emslie (principal ACA), Mrs. Gretel Olivier (Administrator ACA), Mrs. Pam Yoko, and Mr. Graham Yoko (CEO of AEE).

In August, Mrs. Gretel Olivier and Mrs. Rae Emslie were the proud recipients, on behalf of our school body, of a clock and a trophy to commemorate ACA's 20th birthday. Our Administrator and Principal spent some time together with the AEE (Accelerated Education Enterprises)

representatives: Mr. Mandla Mthembu (COO), Mrs. Pam Yoko (Events and Customer Relations), and Mr. Graham Yoko (CEO). From small beginnings of 10 learners, to over 100 learners today, through all the trials and tribulations, the school has endured and grown from strength to strength.

Alexandria Christian Academy still strives daily to bring the Lord's light into the lives of the community and the surrounding areas. Like the hands of a clock, we also have a path that we must walk, and although each path is different in its timing and length, we all reach our destination in the end.



Left: Miss. Elzandr  Froehlick standing with Dylan De Wet. Right: Mrs. Val Hutchinson standing with Teagan September.

Making Honour Roll Always work diligently

Honour Roll morning is our chance to acknowledge the primary school students for their diligence and sustained effort.

To make Honour Roll, students must complete all the academic work assigned to them for the term and achieve a minimum percentage. This ensures that they stay on track to move to the following grade at the end of each year.

Honour Roll students receive a certificate, and the opportunity to have some fun during the arranged outings.





A trip to Amakhala Annual Arbour Day

Above: Students gathered in the photosynthesis workshop to learn more about what it is, and what it does.

On Wednesday, 7 September, the Foundation Phase students made their way to Amakhala to attend the Annual Arbour Day where the students learned about the importance of trees and their role in the worldwide ecosystem.

During the lessons, the students learned how to properly take care of trees before they made their way to the photosynthesis workshop to learn about their role within a plant's life cycle.

The students then painted numerous fruits which they then pasted together on a picture of a tree.

After the lessons, the students went outside to build shelters out of sticks for the hippos and the elephants and they were tasked to dig up hidden water bottles that had been buried to simulate how trees bury their roots into the ground to search for water.

Of course, there is always time for soccer and the students spent the rest of the time enjoying nature through play.

Ending the term with friends

Our preschool ended the term with a blast on Thursday, 22 September, as they took an exciting bus ride to the Jehovah Shalom Mission School where they made numerous new friends while also saying hello to old friends that they had made throughout the years.

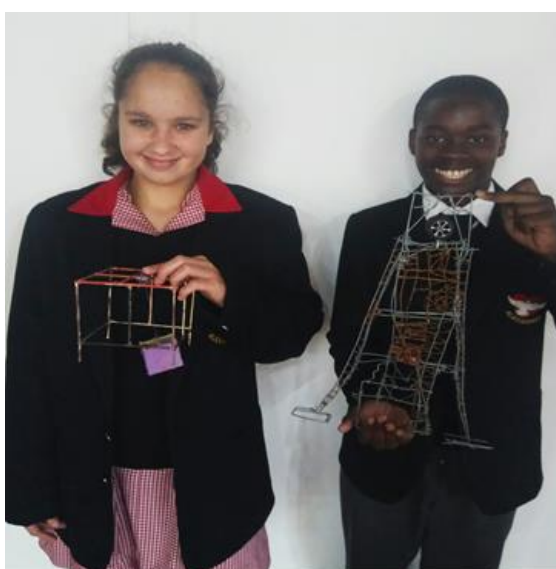
During their visit, the students and teachers had a picnic that was followed by a round of ice cream that left numerous sticky fingers and faces in its wake.

The students then had some time to play and it was an amazing sight to see everyone having fun after a long term of hard work.



Above: Mrs. Bernie is surrounded by her preschool students at Jehovah Shalom Mission School.

Senior Shenanigans What did our Seniors get up to this term?



Mia Schutte (left) and Emihle (Eto) Sizani (right) showing off their mining models.

July is the month in which our Gr 10 and 11 students have the opportunity to meet some of their online teachers and fellow students in person.

The contact sessions were held at Redwood Christian School in Gonubie and covered Pure Maths, Maths Lit, and Physical Science. Our students stayed over at the Hudson Park High School hostel, in the care of Mr. Rudolph Trollip.

As the Gr 8's had no contact sessions, their online teachers arranged a 'Digi Week' which entailed students learning to use their laptops and the IEB platform in creative ways.

During this week Eto Sizani and Mia Schutte made mining models for their Technology project.

The Grade 11 students, Aviwe Fulela and Likhona Fina, also participated in an initiative involving students from IEB schools across the country.

The purpose was to develop critical thinking, collaboration, and problem-solving skills in a group setting.

With this in mind, the students were divided into groups and they worked online to try to find a solution to the challenge: 'More than buildings: the role of architecture in manipulating human behavior.'

This task took five hours to complete and when asked for his opinion, Aviwe stated that "It was quite difficult working with students I'd never met before. The group work aspect was frustrating at times but I think we came to some feasible solutions."



Park Rangers in Training Learners today, protectors tomorrow

On Friday, 16 September, some of the Intermediate Phase students had the privilege to join the Rangers from Addo Elephant Park on an outing to Cannon Rocks beach.

The students that were selected to go were those that worked hard throughout the term to complete their work and they had finished their PACE work, as well as their work on Comprehend Africa, for the entire term.

The purpose of the outing was to teach the students that it was important to properly dispose of litter, as most types of litter are not biodegradable, and the students managed to fill several trash bags full of litter during their time on the beach.

The students had fun looking at and comparing the different seashells and corals that lined the shore of the beach as they carefully scanned the sand for any wayward litter, and they also spotted quite a few animals, including a snake, during their long hike along the beach.

Statistically, more than 200 000 tonnes of litter wind up in the oceans surrounding our country each year, and this poses a serious threat to our ecosystems.

Plastic bottles and other seethrough materials are difficult to see underwater and marine animals often find themselves tangled up in the materials because of this.

Some animals even end up swallowing the materials as they cannot discern between real food and the plastics and other litter that they come across.

The litter also greatly pollutes the ocean as it is known to decrease the oxygen levels within the water as it decays, which then influences the health and numbers of marine life within the affected areas.

The marine life within the polluted areas also poses a health risk to anyone that tries to consume the fish and other types of seafood that people often enjoy.

This creates a major problem for local communities and businesses that rely on fishing for food and income.

Above: Intermediate Phase learners join rangers from Addo Elephant Park in cleaning up the beach at Cannon Rocks.

Life fades, but memories last forever

The students that joined in on the beach clean-up outing had many exciting stories to tell upon their return, but they also made a special note of a lone grave that had a simple, yet extremely powerful message that brought a tear to many small eyes.

The small grave is located next to the small cannon at Cannon Rocks beach.



Above: A small grave at Cannon Rocks beach that is dedicated to a beloved pet.



Above: Preschool students play on the new jungle gym.

A New Adventure Preschool receives an upgrade

There was much excitement as the students watched over the creation of their new jungle gym and the teachers had their hands full trying to ensure that no one climbed onto it before it finished.

Many of the students could be seen watching the new development and it was clear that they couldn't wait for the signal to finally be able to play on it.

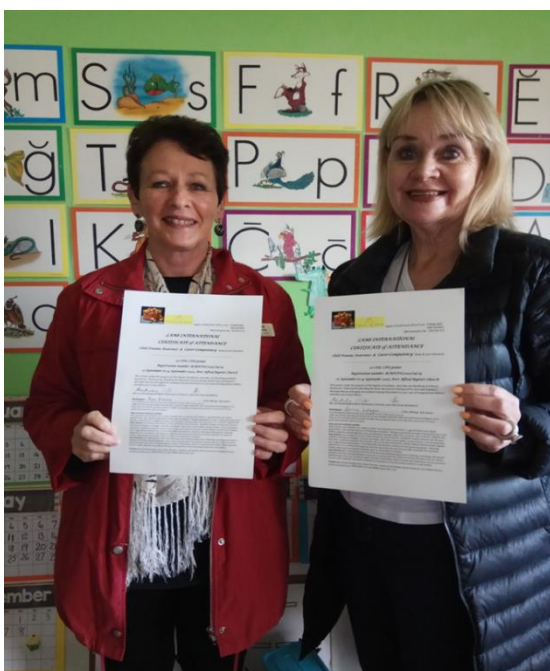
Once the go-ahead was given, teachers had to ensure that the students didn't try to climb onto the jungle gym all at once and turns were taken to ensure that all of the students had a chance to enjoy it to the fullest.

Some of the students were hesitant to try out the sliding pole or balance beam at first, but

once they saw how their friends did it, they quickly followed their example.

The new jungle gym features swings, a climbing net, a sliding pole, a balance beam, and two other climbing areas that are specifically designed to help with hand-eye coordination and balance skills.

It also allows the students to build up and strengthen essential muscle groups, such as those in their arms and legs.



Above: Mrs. Rae Emslie and Bernie Lategan with their certificates.

Staff Training and Development Our students are our top priority

Before the holidays, Mrs. Rae Emslie and Mrs. Bernie Lategan were blessed with a chance to participate in a three-day Trauma Awareness Workshop in Port Alfred.

The course was developed by LAMB International, which offers 'Training, consultation, and program development to ensure safety, permanence, and well-being for children, youth, and their families'.

The course aims to aid the staff members in recognizing and addressing trauma in students to ensure that they can experience the best childhood possible.

Trauma can be caused by bullying, community violence, complex trauma (exposure to multiple traumatic events), disasters, early childhood incidents, medical incidents, and physical abuse, among others.

Delayed responses to trauma can reveal themselves through persistent fatigue, nightmares, sleep disorders like insomnia, anxiety-focused flashbacks, depression, a fear of recurrence, and the avoidance of sensations, emotions, or activities that are associated with the traumatic event.



Mother-and-Daughter Tea Cherishing a special bond

Above: Mothers and daughters gathered to spend some quality time together.

On Saturday, 10 September, mothers and daughters gathered together to enjoy a special tea that was held to honour them.

Both mothers and daughters took the time to dress up, and with dresses, high heels, and flowers in their hair, they enjoyed spending time together with their friends and family members.

The event was arranged by Miss. Leah Venter and Mrs. Rae Emslie and it was a beautiful summer day as the mothers and daughters turned up in their semi-formal spring collection.

It was the school's first-ever mother-and-daughter tea and everyone had a jolly time drinking tea and enjoying the snacks that had been made.

The provided snacks included cupcakes, shortbread, mini-egg sandwiches, and other finger eats.

The mothers and daughters also had fun playing games, such as a complement-web and dancing.

Mothers and daughters also played a game of stop and go, where they had to dance as the music played and freeze once the music stopped.

The special bond between a mother and daughter is truly something to cherish and celebrate and we thank all the mothers and daughters that made time to participate on this special day.



Above: Alive Singqoto and her mother, Mrs. Monica Singqoto.



Above: Students practicing their tackle skills in rugby.

A Visit to Nanaga Sports Clinic Students receive lessons from the professionals

On the 23rd of September, Mr. Rudolph Trollip took 16 learners to Nanaga primary for a sports clinic, where a team of coaches of the Future Kings took the students through their paces in several different sports.

Among other things, the students learned how to tackle in rugby, bat in cricket, dribble in hockey, and hoop the ball in netball.

Some students did not feel like participating in all of the sessions, but once they tried each sport, they immensely enjoyed themselves and the boys even gave the girls a run for their money in scoring goals in netball.

After the sessions, the students received a boerewors roll and a certificate to show their participation.



Above and below: Students practicing their ball skills.



Above: Mia Schutte practicing how to bat.





Our Archers Take Aim

On Saturday, 24 September, our archery team went on a trip to Port Alfred Highschool where the last competition of the year was being held. Unfortunately, the East London schools couldn't make it, but between PA, ACA, and El Shaddai, there were about 40 archers taking part.

Once again, our team did not disappoint as everyone did their best and showed off the number of hours they put into training.

Rueben Petzer received a Gold medal with 253 points and Mia Schutte received a Bronze medal with 251 points. Congratulations to both of them, as well as the rest of our star team.



Above: The archery team proudly shows off their medals.

Interhouse School Athletics Black and Red Teams compete once more

Above: Students showing off their competitive spirit at Interhouse Athletics.

At the beginning of Term 3, the learners started training for this big event. The two teams were made up of the Black and Red teams that the students had been sorted into.

The students all had to participate in different events such as the 80m and 100m field events and Cricket Ball throw for the Foundation Phase.

The Intermediate Phase and Seniors had items such as Turbo Javelin, Long Jump, Shot put, and High Jump, together with the field items.

The Black team won the overall event, but the Red team won the cheering competition and they had the chance to wear civvies for the day and to have a slightly longer break respectively.

Some athletes who performed well were chosen to go to Port Elizabeth to partake in the EPCSSA event, but the event was unfortunately canceled due to certain circumstances.

Luckily the chosen athletes still have the opportunity to compete in the Sports Day that will be hosted by Tarkastad this term.

Competing Away From Home Netball and Soccer teams face off against opponents



Above: Our soccer boys posing for a pic.

Below: Netball girls showing us how they do it.



Term 3 was a busy term for most of the students with most of the sporting activities happening all at once, but that didn't discourage our Netball and Soccer teams as they diligently practice during each break.

The fruits of their efforts were clearly seen as our Soccer team faced off against Alex High on the 4th of August.

Our Soccer team presently consists of Grade 4 to 11 boys and the team played against the Grade 9 to 11 boys from Alex, which increased the difficulty level of the match.

The first half was 7 – 5 in our favor and the final score was 13 – 6. They did get the upper hand in the second half of the match but everyone enjoyed the game.

The Netball girls played a match against Ukhanyo on the 11th of August and although Ukhanyo had the most position of the ball, our Netball team's defense was good.

The final score was 7-1 as the girls from Ukhanyo provided a tough challenge, but Anda Zokoza stepped up under the pressure and was successful in the first goal for our team during the match.

After the match, the coach of Ukhanyo praised Bukhobethu and Yonwabiso for how they played and although they lost, the girls didn't let it get them down for long.

We are very proud of both our teams for doing so well during Term 3 and we hope you can bring that same energy into this Term as well.



Stepping up at Eisteddfod

Students show off their poems, art and reading skills

From 15 to 19 August, the students of ACA had the privilege to attend Eisteddfod where they were required to either submit a piece of art, a sculpture, a piece of prepared reading, or a poem.

There were numerous language sub-categories as well as medium categories that the students were allowed to choose from and some even participated in more than one category.



Mia Schutte, Anke Bosman and Eto Sizani setting the example

Four award levels could be attained during the event, namely, merit, silver, gold, and platinum, and some levels, such as gold, had a chance of being A+ or A++ as well.

Mia Schutte (Grade 8) was the only student who managed to attain a platinum level for her Afrikaans poem at ACA, while students such as Ruta Abay (Grade R) and Luchwayito Mbengashe (Grade 2), received a gold A++ level for their various art mediums.

Eisteddfod aims to empower students to improve their various skills by giving pointers on where and how they can do better during the next Eisteddfod event.

The students are encouraged to take the advice to heart, without losing motivation if they were to receive a lower level.

Through this event, some students even manage to discover hidden talents that they did not know they possess, and they are actively encouraged to improve on these talents in many ways.

There is always a chance to do better next time.

Above: Students attend the Eisteddfod at El Shaddai Academy.

Save the Date

Our annual Awards Banquet and Concert will be occurring on 3 November 2022 and we invite all parents to join up for a fantastic adventure.

The Awards Evening is a chance to see and appreciate just how well the students have done this year throughout the many events and competitions that they have attended.

From Athletics to Eisteddfod, Archery to Art, the students had a very busy year and it is time for them to finally reap the rewards of their diligence.

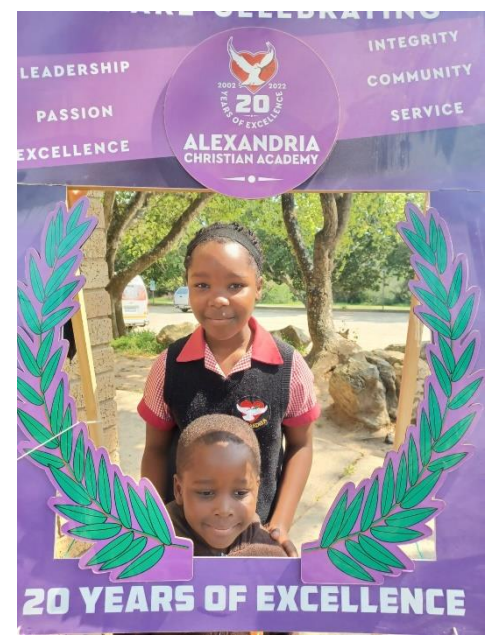
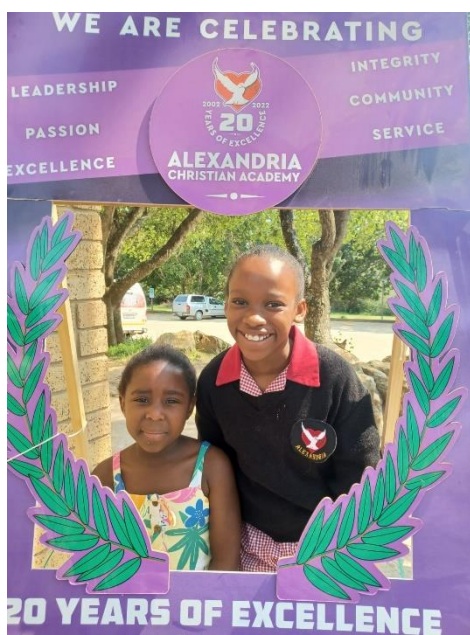


Above: Do not miss our Awards Banquet and concert on 3 Nov.

Meet some of our preschool graduates – going in to “big” school now.



Buddy Day 2022



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